



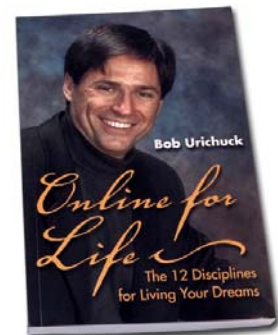
It once was written that to get a better answer, all you have to do is ask a better question...

So here are a few for you to ponder:

- Do you know who you are?
- Do you love what you are doing?
- Do you have what you want out of life?
- Do you know what you want out of life?
- Do you wake up and jump out of bed every morning eager to face the challenges of a new day?

If not, then you must not miss the next XL Results foundation Momentum evening featuring renowned author and speaker Bob Urichuck.

XL Toronto presents
**The 12 Disciplines
for Living Your Dreams**
Presented by
Bob Urichuck



Monday, October 15th 2007

Novotel Toronto Airport Hotel
135 Carlingview Drive
Toronto, ON M9W 5E7

7 pm to 10 pm

Registration and networking at 6:30 pm

Free Entry for XL Life Members
Non Members \$20

Non Members may attend this month's momentum free if they pre register.

Seating is Limited

[Click here to Register now by e-mail](#) Or call Arne at 416-410-1172

Bob Urichuck, just back from a speaking tour in the Middle East will be here to inspire you to take control of each day and move toward leading the life of your dreams.

His program incorporates a learning system with the objective to help you to help yourself: to connect you to the most accurate central processing unit there is...you!

To do this, you will be provided with a step-by-step approach to a method, complete with exercises, which have been labeled "The 12 Disciplines."

In most organizations, and in professions such as sales, considerable time is spent discovering and understanding the needs of prospects in order to establish common ground and then to provide a recommended action plan.

In contrast, how much time and energy do you expend discovering your own needs and desires, and then consciously setting objectives, developing action plans with measurable performance standards, and finally reviewing your own performance? By engaging in such an exercise, you will be doing something about your life. You will be going to work on yourself, for yourself.

This high energy, interactive and empowering program is designed to help you lead your life first, to reduce stress, increase productivity, lifestyle and do what you love to do.



Who is Bob Urichuck?

Bob Urichuck is a Canadian and the author of two best selling books titled: *Online for Life: The 12 Disciplines for Living Your Dreams* and *Up Your Bottom Line, Featuring the ABC, 123 Sales Results System*. Bob has been recognized as a International Sales Expert and published in the book *Sales Gurus Speak Out*.

Bob has also been recognized as Consummate Speaker of the year (2000) and awarded Platinum Speaker Status by Meeting Professionals International (MPI). Bob is also a Certified Master Trainer (CMT), Certified Sales Professional (CSP) and holds a Diploma in Adult

Learning from St. Francis Xavier University. Bob is the Founding President of the Canadian Association of Professional Speakers (CAPS) Ottawa Chapter.

Using Singapore, Shanghai, Dubai and Ottawa as his ongoing hubs, Bob has spoken in over 1,000 cities in over 25 countries to audiences with as many as 10,000 participants in one event. Bob has also written articles and appeared in a variety of print media internationally and is regularly interviewed on National radio and TV programs domestically and internationally on an ongoing basis.

Bob is a catalyst for constant improvement and a cultivator of human potential. His purpose is to inspire, educate and empower people and organizations globally to significantly increase their performance capability while constantly improving the quality of their lives and the lives of others with whom they come in contact.

Visit www.BobU.com to subscribe to Bob's free weekly e-minute, to view his corporate approach to training, learning tools, articles and other information.



www.resultsfoundation.com



XL Networking Breakfast 16th October.

If you attended Bob's presentation and would like to know more about what XL is doing then you should attend this breakfast at 7.30am the following morning.

XL Results Foundation has built Asia's Largest Entrepreneur and Coaching Network. It is providing individuals worldwide with invaluable resources to accelerate their personal success, and to contribute with maximum impact for the benefit of others.

What You will Learn:

- How Business owners and Entrepreneurs are plugging into the right network to accelerate the growth of their business.
- Where in the world professionals are capitalizing on opportunities
- Tools of how successful Entrepreneurs make decisions.
- Time-tested Business Techniques and Business Strategies.

Who Should Attend:

- Entrepreneurs
- Business Managers
- Business Owners
- Professionals
- Business Coaches who wish to embark on businesses in Canada and beyond
- Others who are interested in Effective Giving

Breakfast is by Invitation Only.

To request an invitation [click here](#)

For more information on XL visit www.resultsfoundation.com